



HERITAGE HILLS
ELEMENTARY

Heritage Hills Parent Weekly

April 11 - April 19, 2022

Twitter Account: [@HeritageHills](https://twitter.com/HeritageHills)

This Week at Heritage Hills:

Monday, April 11

- Teachers' Pet - Healthy Me ECS In School Field Trip
- Ukulele - at lunch for Grades 5 and 6 students.

Tuesday, April 12

- Teachers' Pet - Healthy Me ECS In School Field Trip
- Volleyball at Lunch for Grade 5 Students
- Volleyball for Grade 6 Students 3:20-4:20p.m
- Garden Club Meeting at Lunch

Wednesday, April 13

- Hot Lunch Panago - Kinder A
- Ukulele - at lunch for Grade 4 students
- School Council Meeting - [Virtual](#) 6:30p.m.

Thursday, April 14

- Hot Lunch Panago - Kinder B & Grades 1 to 6
- Volleyball for Grade 6 Students 3:20-4:20p.m

Friday, April 15

- Good Friday - School Closed

Monday, April 18

- Easter Monday - School Closed

Tuesday, April 19

- **SHINE Club Shoe Drive starts**

Principal's Message:

I Hope you enjoyed a great weekend. I know it was very windy but at least the snow is gone. It was nice to see so many volunteers in our school over the last week. Thank you for your support. When volunteers come into the school, we ask them to come to the office to check in and get a visitor pass. After volunteering, please make sure not to stop by other classrooms or wander the school as this disrupts the teaching and learning within the school. We thank you for all your support.

Now that some of the Covid rules have been lifted we will be making some changes to our schedules. We will only be making one or two changes at a time so we can see how they work and if adjustments need to be made. Our first change will be that all students will be eating their lunch at 12:02p.m. and then we will all go outside from 12:32 - 1:02p.m.

Once again, thank you for all the support you give to Heritage Hills Elementary and our students. If you have any questions or concerns please do not hesitate to call us at (780) 467-7447 or email us at General.HHE@eips.ca

Community Members Needed:

As the sun is getting warmer and we are able to do some outside work, we are looking for some community members who would be willing to help with the outside landscaping, primarily cut the tall grasses at the front of the school. If you are able to help, please contact Ms. Wells-Taylor - theresa.wells-taylor@eips.ca

School Council Meeting:

Special School Council Meeting
(To Discuss ASCA Resolutions),
Wednesday, April 13, 2022 - 6:30 - Virtual

Microsoft Teams meeting

Join on your computer or mobile app

[Click here to join the meeting](#)

Egg Cartons:

HHE classes are in need of egg cartons. If you have any clean ones in your recycle bin, you would like to donate to the school, could you please send them in with your child(ren).

Gardening Club:

We are excited to be starting an HHE Gardening Club (The Green Thumbs)! This club is committed to working together to learn about plants and nature. We will work as a team to "green up" our school by completing a number of gardening projects.

Students will develop a sense of community and responsibility as they work together towards a common goal. This week, we will be hosting a brief information session on Tuesday, April 12 to share what gardening club is all about and to distribute application forms. If your child is interested, please have them return their application forms as soon as possible.

-Mme Lovlin, Mme Davies and Miss Dayman

Shoe Drive:

Time to start spring cleaning.

Keeping shoes out of the landfill and into the hands of people that need them is an important action that we can all do for Earth Day.

From April 19 - April 22, the SHINE club will be accepting used shoes in any size, style and condition to be donated to a variety of charitable organizations that Strathcona County works with.

Caregiver Series: April Sessions

Alberta Health Services, in collaboration with The Mental Health Foundation, offers free online programming for parents and caregivers of children and youth. Sessions are offered through Zoom. Topics include structure and routines, building resiliency, mental health, anxiety, mindfulness, understanding depression, technology, body image, sleep and more. The list of [April 2022 sessions](#) is now available.

Holding Children Close: Tips for uncertain times

Strathcona County has pulled together a handful of resources that may be useful for parents and caregivers to support children and youth during tough times.

[Holding Children Close: Tips for uncertain times](#) includes resources for families, as well tips they can try out at home when having difficult conversations with their children about traumatic events that may be occurring at the local, national or international level.

Kindergarten Information Night 2022:

Date: May 26, 2022

Time: 6:30 pm

Location: Heritage Hills Elementary

To make the transition to school as smooth as possible, Elk Island Public Schools has put together a toolkit for families. The kit includes information about registration, important dates, programming options, what to expect, eligibility, finding your designated school, transportation and more.

Find it at: [Welcome to EIPS Kindergarten.](#)

Additional information about Heritage Hills Elementary's kindergarten program is available on the [school website](#).

Junior High Information Nights: Running April and May

Junior high schools across EIPS are hosting information nights for all Grade 6 students and their families—taking place in April and May. Make sure to attend to learn everything you need to know about the junior high programs at your child's school. Those who attend will also have a chance to:

- meet the teachers;
- tour the school and classrooms;
- learn about the upcoming curriculum; and
- ask questions.

For specific dates and times, see: [EIPS Junior High Information Sessions 2022](#)

Counsellor's Message:

I will be in the school full days on Monday and Wednesday and here Tuesday morning this week.

This is a great resource, from the Child Mind Institute about 'Understanding Feelings'. The hedgehog video is worth watching.

<https://childmind.org/healthyminds/understanding-feelings-parents-elementary/>

April 26 and/or May 3, 4pm to 5:30pm.

Free Mental Health Learning, target audience K-12 Teachers, Educational Assistance, and parents.

<https://crcpd.ab.ca/program/8099>

Part 1

1. Introduction to Mental Health Literacy
2. Role of a Go-To Educator
3. Understanding Mental Health and Mental Illness
4. Identifying Youth Who May Be Struggling
5. What to Know About Treatment
6. Boosting Our Own Mental Health

Part 2

7. Stigma: Impact and how to mitigate it
8. A Review of the most common Mental Health Disorders
9. How Educators can best support students
10. Partnering with Parents
11. Resources for Further Learning

First Nations, Metis and Inuit:

The [EIPS newsletter](#) has been updated. Within the newsletter you will notice that on June 13, EIPS Central Office will be raising the Treaty 6 and Metis Flag. We are working with staff and students to determine our flag raising after this date. If you have ideas for our flag raising, please contact Ms. Wells-Taylor

FAHHE Updates:

Little Caesars Pizza Kits Fundraiser

Ordering information coming home Monday!

Monday, April 11th – Sales Start

Thursday, April 24th – All orders Due

Friday, May 13th – Kits available for pickup in afternoon

Online Ordering

Go to PizzaKit.ca

Click on *Products*, then *Shop*

Select *Ship My Order to the Group*

Enter the Fundraiser **ID#405490**

Set up your account and place your order!

**** Friends and family can order online too, make sure they put your child's name in the Seller's Name Box when checking out****

Hot Lunch

Did you know there is a universal hot lunch fund to assist families who maybe can't afford the special lunch at this time. If you would like to access the fund, please email hhehotlunch@gmail.com.

Upcoming Hot Lunch:

Panago

Wednesday, April 13th – Kinder A (Ordering closed)

Thursday, April 14th – Kinder B and 1-6 (Ordering closed)

Returning families: <https://munchalunch.com/login>

New family registration: <https://munchalunch.com/schools/heritagehills>

Playground Committee

We are still looking for a few more volunteers who would like to help on a playground committee that will work closely with the school and the county to fundraise and install the second phase of equipment. Do you have a knack for writing? Do you love planning fundraisers? We are looking for individuals who can help apply for grants, seek sponsorships as well as plan some amazing fundraisers to make this playground complete. Please email fahhe.president@gmail.com if you are interested or would like more information.

Next Meeting: May 11 @ 8:00pm following School Council.

“Most books aren't pure nonfiction or fiction”

- James Frey