

Heritage Hills Parent Weekly

April 25 - May 2, 2022

Twitter Account: <u>@HeritageHills</u>

This Week at Heritage Hills:

Monday, April 25

- Ukulele for students in French Immersion grades 3 to 6 during the lunch hour
- Garden Club Group 1 Kindergarten A, Grade Two, Grade Five

Tuesday, April 26

- Grade 6 immunizations at 8:45 a.m.
- Volleyball at Lunch for Grade 5 students
- Volleyball for Grade 6 students 3:20-4:20 p.m.
- Garden Club Group 2 Kindergarten B Dayman, Grade Four

Wednesday, April 27

- Lauren Tarshis **Virtual Author Visit 9:00 a.m.** Targeted towards Grade 1 & 2 but all grades are able to attend.
- Ukulele for grades 4 to 6
- Facey Band Performance in the gym for all classes (1:10 1:40 pm)

<u>Thursday, April 28</u>

• Garden Club - Group 3 - Kindergarten B Davies, Grade One, Grade Three, Grade Six

• Volleyball for Grade 6 students 3:20-4:20 p.m.

Friday, April 29

- Grade 6 Blanket Exercise
- Theme Day: HHE Wear or School Colours Orange and Blue
- Ukulele for grades 2 and 3

Monday, May 2

- <u>Canadian Children's Book Week</u>
- Education Week
- Mental Health Week
- Stephanie Cook Virtual Author Visit 1:15p.m.

Principal's Message:

I hope you enjoyed a great weekend and were able to spend some time outside. It is so nice it has warmed up and the sun is shining. We have installed some additional bike racks around the school. We have some new bike racks outside the grade three entrance for students who use that end of the school. We also had some additional bike racks installed at the front of the school. We did try to have some installed at the back of the school by the grade two doors but the tarmac would not hold the required hardware.

We are very fortunate at Heritage Hills to have such a wonderful building. Now that spring is here we are learning more about our outside areas. As a school we are working to have some modifications in some of the landscaping to clean up the area and provide additional outdoor play areas for students. We are looking for volunteers to help us trim the tall grasses and help in a few areas that are not covered. Thank you to those of you who have volunteered to help. We could use a few volunteers to get this work completed.

National Volunteer Week:

This upcoming week is National Volunteer Week. Since we have finally been able to fully open the doors at Heritage Hills Elementary, we have had over 100 volunteers into the school. Your help and support in the variety of activities and events is greatly appreciated. I have enjoyed talking to many of you while in the school as well as showing you around. Thank you for all you do for our staff and students. I look forward to seeing you in our school.

Once again, thank you for all the support you give to Heritage Hills Elementary and our students. If you have any questions or concerns please do not hesitate to call us at (780) 467-7447 or email us at <u>General.HHE@eips.ca</u>

Counsellor:

I am in school this week Monday, Wednesday and Tuesday morning.

Albertan PCNs offers 37 health workshops and activities to help people better manage their physical and mental health. <u>Workshops & Programs | Alberta Find a Doctor (albertapcns.ca)</u>

Change to Lunch Hour:

With the lifting of COVID restrictions, we continue to explore and test out our options. For the weeks of April 25 – 29 & May 2 – 6, ALL classes will follow this schedule:

- Recess 1202 1232
- Eat in class 1232 102

Lunch Clubs will adjust their time accordingly.

Garden Club Update:

We had a lot of interest in the garden club! Thank you for helping your child complete his/her application form. We are excited to announce that we are able to accommodate everyone who applied! We will be meeting officially for the first time this coming week. All meetings will happen during school hours.

Ukulele:

Mondays for students in French Immersion grades 3 to 6 during the lunch hour Wednesday for students in grades 4 to 6 Friday for students in grades 2 and 3.

Save the date!

Year End Ukulele Performance Wednesday, May 11 at 4:00pm in the gym. Students who are in one of the ukulele groups during the lunch hour will be performing at 4:00 pm in the gym.

SHINE Club and Shoe Drive:

Thank you to everyone who sent in their shoes this past week. The Shine Club was able to count and pack the shoes on Friday. HHE collected 221 pairs of shoes that will not be going to the landfills. Thank you for your support.

Holding Children Close: Tips for uncertain times

Strathcona County has pulled together a handful of resources that may be useful for parents and caregivers to support children and youth during tough times. **Holding Children Close: Tips for uncertain times** includes resources for families, as well tips they can try out at home when having difficult conversations with their children about traumatic events that may be occurring at the local, national or international level.

Kindergarten Information Night 2022:

Date: May 26, 2022 Time: 6:30 pm Location: Heritage Hills Elementary

To make the transition to school as smooth as possible, Elk Island Public Schools has put together a toolkit for families. The kit includes information about registration, important dates, programming options, what to expect, eligibility, finding your designated school, transportation and more. Find it at: <u>Welcome to EIPS Kindergarten</u>.

In the meantime, we would be grateful if you could take a few moments to fill in the *EIPS Welcome to Kindergarten Survey*. As we prepare for the 2022-23 kindergarten classes, we want to ensure we have the necessary information to support all of our students. Please complete the survey by Thursday, May 4 through this <u>link</u>.

Additional information about Heritage Hills Elementary's kindergarten program is available on the **<u>school website</u>**.

Thank you so much for your support and we look forward to meeting you all soon. If you have any questions, please do not hesitate to call the school office so we can assist you.

FAHHE Updates:

Little Caesars Pizza Kits Fundraiser

Help us raise funds for outdoor playground equipment! Our goal is to raise \$2000. Paper copies were send home with the youngest student in the family. If you did not receive one and would like a paper copy, please contact the school office at <u>General.HHE@eips.ca</u>

Friday, April 22 - Return all paper orders to school Sunday, April 24th – All orders Due Friday, May 13th – Kits available for pickup in afternoon If you have any questions, please email <u>fahhe.president@gmail.com</u>

Online Ordering Go to <u>PizzaKit.ca</u> Click on Products, then Shop Select Ship My Order to the Group Enter the Fundraiser ID#405490 Set up your account and place your order! ** Friends and family can order online too, make sure they put your child's name in the Seller's Name Box when checking out**

Hot Lunch

Did you know there is a universal hot lunch fund to assist families who maybe can't afford the special lunch at this time. If you would like to access the fund, please email **hhehotlunch@gmail.com**.

Upcoming Hot Lunch:

COBS

May 12 – Kinder group B (Ordering closes May 5) May 13 – Kinder group A and 1-6 (Ordering closes May 6)

SUBWAY

May 26 – Kinder group B (Ordering closes May 19) May 27- Kinder group A and 1-6 (Ordering closes May 20)

Returning families: <u>https://munchalunch.com/login</u> New family registration: <u>https://munchalunch.com/schools/heritagehills</u>

Playground Committee

We are still looking for a few more volunteers who would like to help on a playground committee that will work closely with the school and the county to fundraise and install the second phase of equipment. Do you have a knack for writing? Do you love planning fundraisers? We are looking for individuals who can help apply for grants, seek sponsorships as well as plan some amazing fundraisers to make this playground complete. Please email <u>fahhe.president@gmail.com</u> if you are interested or would like more information.

Next Meeting: May 11 @ 8:00pm following School Council.

ART Show:

Mark your calendars. HHE is holding our first ever Art Show on May 26 at 6:30p.m.
The art show will showcase all grades. Art will be displayed all around the school, so this is a an excellent opportunity to also check out the facility.
Who: All Families of HHE community
When: May 26 - 6:30 p.m - 7:30 p.m.
Where: HHE Elementary
Admission: A Non-Perishable Food Bank Donation or Cash Donation.

First Nations, Metis and Inuit Education:

To help answer <u>The Truth and Reconciliation Commission Calls to Action</u>, our grade six students at Heritage Hills Elementary are being given an opportunity to explore Canada's history from an Indigenous perspective through an experiential lesson called the Blanket Exercise. This will take place on April 29, 2022 with their classroom teacher and Cheryl Devin (EIPS First Nations, Metis and Inuit consultant).

This exercise uses blankets to represent the landmass of Canada. Through active participation, students will broaden their understanding of the relationship between Indigenous and non-Indigenous peoples in Canada.

Via an age-appropriate exercise script, a Blanket Exercise is designed to help students:

- gain a better understanding of historical relationships in Canada;

- reflect on the impacts of legislation and policies intended to result in assimilation;

- review key historical and current events that affect Indigenous people in Canada and Alberta;

- explore the major themes of assimilation, discrimination, Indigenous rights and reconciliation; and

- reflect upon their own attitudes, beliefs and dispositions about First Nations, Metis and Inuit people in a non-threatening and supportive environment.

The exercise can be very moving, so group discussion is provided for debriefing afterwards and students are encouraged to talk about what they learned at home.

More information is available from <u>Kairos</u>, the original creators of the exercise in 1997. At home, take advantage of the opportunity to extend the discussion and to ask your child about what he/she felt or learned

If you have any questions or concerns, please contact your child's classroom teacher.

"Keep your face to the sun and you will never see the shadows."

— Helen Keller