

Heritage Hills Parent Weekly

October 3 - October 11, 2022

Twitter Account: oHeritageHills

Important Dates This Week at Heritage Hills:

Monday, October 3

- Read In Week Begins Assembly at 9 a.m parents welcome.
- Grades 4 6 Ukulele 12:02p.m.
- Ms. K in the school

Tuesday, October 4

- Ms. K in the school
- Fire Drill at 11:50 a.mm
- Interview booking site opens for parents

Wednesday, October 5

- Early Dismissal
- World Teachers' Day
- Ms. K in the school

Thursday, October 6

Read In Week Continues

Friday, October 7

- Teacher Professional Learning Day School Closed
- Hot Lunch Ordering for Mucho Burrito closes on the weekend.

Monday, October 10

• Thanksgiving - School Closed

Principal:

I hope you have been able to take advantage of the great fall weather we had last week. At school we can take advantage of this by having many of our physical education classes outside.

Parent Engagement:

As we know, it takes home and school working together to maximize the learning for our students. At Heritage Hills Elementary, we value your thoughts, ideas and look for your input to create a positive learning culture for all our students, staff and our school community. You can share your thoughts and engage in school activities in a variety of ways. Attending School council, participating in school surveys, volunteering in classrooms and school activities. These are great ways to learn about our school and share your thoughts and ideas. We look forward to working with you this year.

If you have any questions or concerns feel free to call us at (780) 467-7447 or email us at **General.HHE@eips.ca**. You can also follow us on Twitter **@HeritageHills**_ for regular updates and posts.

Parent - Student - Teacher Conferences:

Conferences are scheduled for Wednesday, October 12 & Thursday, October 13. These will be in person for a 10 minute conference. The booking site will open on Tuesday, October 4: https://www.schoolinterviews.ca/code/myapr

Counsellor:

Ms. K is in the school Monday, Tuesday, and Wednesday this week.

Caregiver Education Sessions:

Alberta Health Services hosts a variety of virtual caregiver information sessions throughout the year focused on ways to support students' mental health. The sessions are free and geared toward parents, caregivers, teachers and community members who want to learn more about challenges impacting children and adolescents. Session topics include anxiety, ADHD, depression, self-harm, technology, teens and teaching leadership skills, communication, resiliency and more Visit Caregiver Education to see the monthly caregiver sessions.

Teaching Children How to build Resilience

Building resilience—the ability to adapt well to adversity, trauma, tragedy, threats, or even significant sources of stress—can help our children manage stress and feelings of anxiety and uncertainty.

However, being resilient does not mean that children won't experience difficulty or distress. Emotional pain, sadness, and anxiety are common when we have suffered

major trauma or personal loss, or even when we hear of someone else's loss or trauma. Here are 10 tips for building resilience in children and teens.

Family Dance:

Save the Date! HHE is hosting its first Family Dance, supported by School Council and Fundraising Association.

Friday October 28, 2022 from 6:30pm - 8:30pm in the school gym. Families are encouraged to dress up if you so choose, and join us for music, community and celebration. We're also collecting items for the Strathcona Food Bank @ the door, and will have a concession available (cash only).

We are currently looking for volunteers to help in the following areas: (*click here https://www.signupgenius.com/go/30E0F4EAEA823A6FF2-halloween to sign up for a timeslot)

- Decorating/Setting up/Tearing Down
- Concession
- Music/DJ (develop a clean playlist, connect to school system or speaker)
- Greeter/Collection of Food Bank donations (community outreach component)

Math Ideas to Support At Home:

Have you signed up for https://mathbeforebed.com/? You can download a free sample e-book to spark math conversations at home!

"Games help to lift math off the textbook pages, and they support students' learning about Numbers and Operation." (Marilyn Burns)

- Play Shake & Spill: fill a container or cup (that you cannot see through) with items such as beads, goldfish, mini marshmallows, etc. Determine how many items you have in your cup (start with small numbers) shake the cup, flip it over onto a surface and "spill" some of the items out. Count how many you have spilled and figured out how many are under the cup!
- Play "Who Am I?" This game is great for developing mental math and math vocabulary! Example: "I am an even number. I am greater than 12 but less than 20. The sum of my digits is 7. Who am I?
- Grab a classic deck of cards and access the free e-book <u>'Acing Math One Deck At A Time'</u> for instruction and game ideas for you and your child.

School Bus Safety Week: October 16-22

Schools throughout Elk Island Public Schools (EIPS) are celebrating School Bus Safety Week October 16-22. The theme: 'Make the World Green, Ride Yellow,' which focuses on transportation choice and the environment. Throughout the week,

various activities are planned, including information sessions, bus-safety lesson plans and bus-evacuation drills.

As part of School Bus Safety Week, Heritage Hills Elementary reminds students and families all Division school buses are equipped with a bus-pass scanner, GPS technology, the Child Check-Mate system and surveillance equipment, which allows Student Transportation to better monitor and manage its more than 170 buses. Families and students also have access to the Traversa Ride 360 app, a mobile tool to help determine the location of a bus, projected arrival times and when a child is scanned onto a bus.

For more information visit EIPS Student Transportation or contact 780-417-8151.

Enhancing literacy and numeracy:

As part of Elk Island Public Schools' (EIPS) ongoing efforts to enhance the literacy and numeracy of students in all grade levels, the Division is once again administering the Star Early Literacy and Star Reading assessment tools in the 2022-23 school year. The Division's also launching a new assessment, called Star Math. These tools focus on literacy and numeracy, are digitally based and offer an opportunity for students to demonstrate their learning. The goal: To provide timely information to teachers, help enhance classroom instruction and identify student learning needs.

Three times a year, EIPS students in Grade 1 complete the Star Early Literacy assessment and students in grades 2-12 complete the Star Reading assessment. Both assessments are administered electronically and take about 20 minutes. Students in grades 2 through 10 also complete the Star Math, a mathematic screening tool. It, too, is administered electronically and takes about 30 minutes for students to complete. The results offer teachers a clearer picture of a student's learning needs and help determine if subsequent instructional planning is required. NOTE: Semester students, complete the Star Math twice, at the start and end of the course.

In addition to the Star assessments, Alberta Education now mandates all students in grades 1-3 complete additional literacy and numeracy assessments. Students in Grade 2 and Grade 3 completed these provincial assessments in September. Grade 1 students will complete the assessments in January 2023. EIPS also administers the assessments to all Grade 4 students to gauge learning loss from the pandemic, which the Division is now analyzing.

The scores of the assessments aren't used toward a student's grade, and there is no need to study ahead of time. The tools simply provide the teacher with information to better understand where each student is in terms of reading comprehension and mathematical ability. If, after analyzing the results, it's determined a student can benefit from extra support, the teacher will contact the family to discuss possible support strategies.

For more information about the Division's Star and MIPI assessment tools, contact EIPS Supports for Students at 780-464-3477.

Introducing Permission Click:

EIPS has begun migrating school and Division forms to the online Permission Click platform. Many families will have already received one or more forms within the new system. Permission Click makes the form submission process for families simple and straightforward. Forms are also easily accessible and fillable from your mobile device. Families will generally receive forms in one of two ways—sent as a link within a SchoolMessenger email or in a direct email from Permission Click sent to the first parent or guardian on record in PowerSchool. Be sure to add notifications@permissionclick.com to your safe sender list to ensure required forms aren't mistakenly directed to your junk mail folder.

Read In Week 2022 taking place October 3-7:

Read In Week returns on October 3. This year's theme: "Choose Your Own Adventure." Through various activities, students will spend the week learning tips on choosing the right book; the art of storytelling; and how stories have the power to teach lessons, broaden perspectives and foster empathy.

Some of the activities planned for Read In Week include:

- Kick off Assembly at school on October 3 parents welcome
- Community members reading to classes
- Reading Buddies
- Get Caught Reading Token for prizes

Read In Week is a division-wide initiative held annually to encourage a lifelong love of reading and to enhance literacy awareness among students, staff, families and community members.

Heritage Hills Elementary invites all families to participate in Read In Week by reading yourself, with your child or with someone in the community. Don't forget to share what you've learned.

Throughout the week, you can post your own stories about Read In Week using the hashtag #eipsreads.

For more information visit <u>readin.ca</u>.

Pay School Fees Online:

School fee information for the 2022-23 school year is now posted on the PowerSchool Parent Portal. All fees are due within 30 days of being posted. To access your fee information, simply log in to the PowerSchool Parent Portal and go to "Student Fees." There you can view your fees and pay them online.

Don't forget to also log in to the PowerSchool Parent Portal regularly throughout the year. Fees are often added to your child's account to cover the cost of various school activities such as extracurricular fees, lost library books/textbooks, yearbooks and more.

If circumstances exist where you are unable to pay your fees, you can apply to have certain <u>fees waived</u> by submitting an <u>Application for a Waiver of Fees</u>. The application deadline is Dec. 15, 2022.

For more information about school fees, waivers and payment deadlines, visit www.eips.ca/schools/fees. Alternatively, contact Suzanne Cleet at Heritage Hills Elementary at 780-467-7447.

Celebrating World Teachers' Day: October 5

October 5 is World Teachers' Day! Launched in 1994 by the United Nations Education, Scientific and Cultural Organization (UNESCO), World Teachers' Day is celebrated annually around the world as a way to recognize teachers and the integral role they play in providing quality education to students. On October 5, Elk Island Public Schools (EIPS) encourages all of its students, parents and community members to show their appreciation for their teachers and the positive impact they make on our lives.

EIPS extends its heartfelt thank you to all Division teachers for their dedication, hard work and commitment in guiding and educating students through their kindergarten to Grade 12 years.

SAFFRON Internet Safety Sessions

Parent Internet Safety Session

In collaboration with Fort Saskatchewan Family and Community Support Services and Boys and Girls Club Fort Saskatchewan, SAFFRON is also offering one parent internet safety session.

The presentation will teach parents and caregivers how to practice internet safety with youth and discusses online child sexual exploitation and how to respond to it.

Wednesday, October 19

7 p.m. to 9 p.m.

BGC Fort Saskatchewan

Registration is not required. For more information, call 780-992-6267 or email fcssinfo@fortsask.ca.

Parking At HHE

All visitors are welcome to park in visitor parking at the north end of the drop off loop, in front of the playground, or on the street. The main parking lot is reserved for staff only. Parents, please refrain from using the main lot when visiting, or dropping off and picking up your child(ren). Thank you for your cooperation.

Amazing Things Happen at HHE:

We are so excited to welcome October. Last month was a great start to the school year with many opportunities to promote safe and caring schools, citizenship, lifelong learning and parental involvement. Here are a few highlights:

- Meet the Staff Evening and BBQ
- September School Council and FAHHE Meetings Next meeting November 16, 2022.
- DOT DAY, Terry Fox Run, Orange Shirt Day.
- Students Leadership clubs already going Morning announcers, Ukulele Club, Assembly Team.
- We have an amazing week planned for Read In Week. HHE is welcoming 23 French and English readers to read to our students.

Absences, Lates, Appointments, Leaving for Lunch and Leaving Early:

If your child will be leaving to go home for lunch, leaving school early or absent for the day - please call and notify the office. The school is required to record all student absences accurately, so please advise if your child is ill, or not ill, but away for personal reasons. An agenda note does not always make it to the office. A call to the office ensures everyone will know where your child is to be at all times. Please call us with this information at (780) 467-7447 or email at **General.HHE@eips.ca.**

Lost & Found:

We have been able to reunite some clothing with their owner from labels. However, we still have a growing stack. If any of these items belong to someone in your household, please tell your child to pick them up off the lost and found table. They will only be held until October 7, 2022.



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FAHHE Updates:



We are so excited to be able to offer the Bear Tracks Ice Melter fundraiser this year. Please find the ordering information here.

\$30/16kg pail Deadline: Monday, October 24th at 4:00pm Delivery to the school middle of November



Purdys chocolate fundraiser coming soon!

Membership - Every year membership in FAHHE must be renewed. Membership allows you to hold a position on the executive or exercise a vote during meetings. Please click **HERE** to complete the membership form for 2022-2023.

Hot Lunch - Did you know there is a universal hot lunch fund to assist families who can't afford the special lunch at this time. If you would like to access the fund, please email Jaclyn at hhehotlunch@gmail.com.

Upcoming Hot Lunch:

Mucho Burrito

Thursday, October 13– Kinder B (ordering closes Oct 8th)
Friday, October 14 – Kinder A and Grade 1-6 (Ordering closes Oct 9th)

Subway

Thursday, October 27 – Kinder B (ordering closes Oct 22nd)
Friday, October 28 – Kinder A and Grade 1-6 (Ordering closes Oct 23rd)
Order online at www.HealthyHunger.ca

Bottle Drive

Save the dates!! October 12th and 13th during parent teacher interviews, we will be collecting bottles. Stop by the trailer on your way into the school and drop your bottles off.

Ongoing Fundraisers



Order online through Mabel's Labels and choose support a fundraiser, then a portion of your purchase will go back to FAHHE.



Stop by COBS on Wye Road and tell them you're from Heritage Hills Elementary and a portion of your purchase will go back to FAHHE.



Shop at Save-on-Foods on Wye Road, submit your receipts to the office and we will receive 5% back.

Next Meeting: November 16 @ 7:45pm following the school council meeting.

Enjoy a great week everyone!

"Love the trees until their leaves fall off, then encourage them to try again next year."

Chad Sugg