

Heritage Hills Parent Weekly

April 10 - April 17, 2023

Twitter Account: oheritageHills - Scroll through to see all the Amazing Things Happening at HHE.

This Week at Heritage Hills:

Monday, April 10

• Easter Monday - School Closed

Tuesday, April 11

- Ms. K in the School
- Minecraft Challenge Grade 6 Students Room TBA 12:02 p.m.
- Minecraft Challenge Grade 4-6 FI Students Rm 234 12:02 p.m.
- Gr.1 & 2 Reading Club 2:06 p.m.

Wednesday, April 12

- Minecraft Challenge Grade 4-5 English Students Rm 219 12:02 p.m.
- School Council Meeting 6:30 pm
- Badminton club for grade 6 students at noon

Thursday, April 13

- Minecraft Challenge Grade 6 Students Art Rm 12:02 p.m.
- Minecraft Challenge Grade 4-6 Fl Students Rm 234 12:02 p.m.
- Hot Lunch KinderB, Booster Juice
 - *requests for hot lunch pickup must be done by 10:00 a.m. and only through email to hhehotlunch@gmail.com
- French Immersion District Engagement Meeting 5:30 at Davidson Creek Elementary
- Running Club practice at noon outdoors. Come ready to run

Friday, April 14

- Hot Lunch K-6, Booster Juice
 *requests for hot lunch pickup must be done by 10:00 a.m. and only through email to hhehotlunch@gmail.com
- Chess Club
- Sherwood Heights talking to French Immersion Grade 6 students 1 pm

Saturday, April 15

Young Authors' Conference

Monday, April 10

- Ms. K in the School
- Minecraft Challenge Grade 4-5 English Students Rm 219 12:02 p.m.
- Grade 4-6 Ukulele Club 12:02 p.m.

Principal:

Hope you enjoyed a great Easter long weekend. It looks like our temperatures are on the rise, snow will be melted and our school grounds will soon be dry. We have had many many parent volunteers to help with our Easter Egg Painting. Thank you for this support as our students really enjoyed the activity.

The third French Immersion public engagement session is being held Thursday at Davidson Creek Elementary. Families are encouraged to read the background documents sent via email and provide feedback during the event or complete the online survey that will be open from April 14-24.

Ukulele Concert:

Please save this date! The students in both Junior and Senior ukulele groups will be showcasing some of the song selections that they have learned throughout the year. You are invited to attend the concert on Tuesday, April 25 in the HHE gymnasium from 4:00 pm to 4:30 pm. We look forward to seeing you there.

Counsellor:

2023-24 Junior High Information and Orientation Nights

Each junior high in the Division hosts an information night in the spring. These events are an opportunity for you to take a tour of your new school, meet the teachers, get a sneak peek at the classrooms and learn about the upcoming curriculum at your child's junior high school. Parents and students are all welcome.

- F.R. Haythorne Information night is April 18th, from 5:30 pm to 6:30 pm.
- Sherwood Heights Open House is April 18th, from 4 pm to 5 pm.

Free workshops

Living In Balance

FREE In-person event - April 11, 2023 from 7:00pm to 8:30pm

Offered at the Strathcona County Library

Learn 4 key foundational elements necessary for maintaining a healthy balance when life gets hectic, and gain tools to make each day run much smoother.

Supporting Your Child's Mental Wellness Series

FREE Zoom Series -Tuesdays, from April 18th to May 9th from 1pm - 2:30pm Session topics include: Foundations for Healthy Balance; Understanding How The Human Brain Works; Managing Difficult Emotions; and What A Parent Can Do. To register/for more info: sara@leduc-county.com

Mistakes People Make With Anxiety (And The Solutions)

FREE online event - May 9th from 6:30 to 8:00pm
Participants will learn the 10 most common mistakes that inadvertently strengthen feelings of anxiety, and the solutions for each. To register:

Mistakes People Make

HHE Athletics:

We are fortunate to have two parent volunteers coaching our Badminton and Running Clubs. Coach Jackie will be at the school on Wednesdays leading Badminton Club for Grade 6 students. Coach, Natasja will be leading the HHE Running Club at lunches on Tuesdays and Thursdays. Some practices will be indoors and some will be outdoors. These are scheduled as follows:

April 13th at noon

April 17th (outdoor) at noon

April 20th (outdoor) at noon

April 24th (outdoor) at noon

April 27th (indoor) at noon

May 1st (outdoor) at noon

First Nations, Métis and Inuit

The second of three gatherings for families of First Nations, Métis and Inuit students will take place on April 20. Hosted by the First Nations, Métis and Inuit Education team, these gatherings are a time in the evening when we can meet together to share, learn and connect. All family members of all ages are welcome, and dinner will be provided at all gatherings. Your RSVPs are appreciated to help us plan accordingly.

Thursday, April 20, 2023; 6–8 p.m. Glen Allan Elementary, 106 Georgian Way, Sherwood Park

Art with Métis knowledge holder Connie Kulhavy

- Dinner will be provided
- RSVP by noon on April 11

Community Opportunities and Events:



Heritage Hills students and families have an opportunity to RunWild on May 6, 2023, at 2:00 pm at Greengrove Park in Glen Allan! RunWild is a fun-filled racing event supporting local charities, like

the Zebra Child and Youth Advocacy Centre, giving our youth a chance to focus on fitness, fun, and philanthropy. The WildOnes 1.2K MaraFun is one part of the RunWild racing event, and it is specially designed for youth ages 4-12. You can learn more and register your WildOnes MaraFun racer online at https://www.runwild.ca/. When registering, make sure to join the Heritage Hills team! This is a community event and not a fundraiser for Heritage Hills Elementary.

Parents, please do not register yourself for the MaraFun. If your child requires assistance, you may accompany them without registering, or if you would like a bigger challenge, try our 5K, 10K, or Half Marathon races in St. Albert!

This event is optional and HHE does not receive any funds.

School Council and FAHHE Updates:

Upcoming presentation

This session is offered through COSC (Council of School Councils). Open to everyone in our school community. During the presentation, David will speak to the following points.

 Build confidence in your contribution to your school community: shift from a chore to a contribution.

CULTIVATING COMPASSION IN OUR SCHOOL COMMUNITY



Virtual Presentation April 19, 2023 7:00 pm

DAVID IRVINE

World-renowned Speaker & Author

Based on David's best-selling book, Caring Is Everything: Getting to the Heart of Humanity, Leadership and Life. David offers an inspiring, reflective, and practical perspective on the importance of caring in your school community.

Click $\underline{\text{HERE}}$ to register, or by scanning the QR Code below



To learn more about David, visit his

- Be reminded of the importance of compassion and grace with ourselves and those around us.
- Build a stronger community of support for each other so we can best support our children.
- Learn how to build bridges of trust to ensure a stronger school community amid diversity.
- Leave with practical strategies for putting compassion to work to promote meaningful connections, facilitate problem-solving, foster reciprocal responsibility, and improve overall well-being.

Coyote Compliment a staff member

Would you like to recognize a staff member for something they have done that you truly appreciated? Complete the google form below and we will send a card and small treat to the staff member on your behalf, thanking them for what they do. https://forms.gle/MkdNmiJqdf58YM896

Salisbury Greenhouse Gift Cards

Just in time for spring, we will be once again offering the Salisbury Gift Cards. They are available in the following denominations: \$25, \$50, \$100, \$250. We receive 20% of sales back to FAHHE. Cards will arrive in time for Mother's Day. Watch for the flyer coming home this week!

Casino

We have been allotted a casino for June 28 and 29th in Camrose. The shifts run from 3:00pm-12:00am. We need 5 volunteers per evening. This casino allows us to earn approximately \$20,000 to support our school. If we are unable to fill these volunteer spots in the next couple of weeks, we may have to forfeit our casino and the opportunity to raise important money for our school's activities.

The positions that remain available are: (descriptions can be found on sign-up link)

General Manager (28th and 29th) Cashier (28th)

Chip Runner (28th and 29th)

If you are able to help out, please sign up HERE.

Created by Kids Art Fundraiser

During the next couple of weeks, students will be creating an art project to use for this fundraiser. Students will be bringing their artwork home for you to see by April 21st. On the back of the artwork, is all the information you need to order items with their art. Some of the items that can be ordered are: greeting cards, magnets, puzzles and mugs. All orders and artwork is due back to school NO LATER than May

3rd. Please do not fold the artwork. All products will be delivered to the school the week of May 22nd. FAHHE receives 30% back from all sales.

Hot Lunch

Did you know there is a universal hot lunch fund to assist families who can't afford the special lunch at this time. If you would like to access the fund, please email Jaclyn at hhehotlunch@gmail.com.

** Please note: if your child is absent and you would like to pick up their order you MUST email hhehotlunch@gmail.com BEFORE 10:00am and it will be available AFTER 1:00pm at the office. Please do not come earlier as it disrupts the distribution to the classes.

Upcoming Hot Lunch:

Order online at www.healthyhunger.ca

Booster Juice

Thursday, April 13th – Kinder B Friday, April 14th – Kinder A and 1-6

Boston Pizza

Thursday, April 27th - Kinder B and 1-6 (Ordering closes April 22nd) Friday, April 28th - Kinder A (Ordering closes April 23rd)

Ongoing Fundraisers



Order online through Mabel's Labels and choose support a fundraiser, then a portion of your purchase will go back to FAHHE.



Shop at Save-on-Foods on Wye Road, submit your receipts to the office and



Stop by COBS on Wye Road and tell them you're from Heritage Hills Elementary and a portion of your purchase will go back to FAHHE.



All orders will be shipped directly to your home for free on orders over \$50. Simply click on our link to shop and 20% of each sale goes back to FAHHE.

tru-earth.sjv.io/FAHHE

Next Meeting: April 12, 2023 School Council @ 6:30pm. School Council March 8th minutes found here. FAHHE March 8th minutes can be found here.

Have a great week everyone!

'The greatest discovery of all time is that a person can change his future by merely changing his attitude'

-Oprah Winfrey