



# HERITAGE HILLS ELEMENTARY

## Heritage Hills Parent Weekly

**September 25 - October 2, 2023**

### **This Week at Heritage Hills:**

#### **Monday, September 25**

- Ms. K, School Counselor, is here
- Senior Ukulele

#### **Tuesday, September 26**

- A great day for teaching and learning

#### **Wednesday, September 27**

- Ms. K, School Counselor, is here
- Panago Hot Lunch - Kinder A

#### **Thursday, September 28**

- CyberWorld Presentation at 5:30 pm RSVP required

#### **Friday, September 29**

- Orange Shirt Day
- Panago Hot Lunch - Kinder B and Grade 1-6
- Junior Ukulele

#### **Monday, October 2**

- Read In Week Begins - PJ Day
- Ms. K, School Counselor, is here
- Senior Ukulele

### **Principal:**

Thank you for your support for our Terry Fox run. We had numerous parents attend our school assembly and participate in the school run. Many donated to Toonies For Terry. Thank you to our school community who contributed almost \$1400. You can still contribute online by using this [link](#).

This upcoming week, we will be honouring Truth and Reconciliation Week. Classes will be doing a variety of activities culminating in Orange Shirt Day and the creation of a special outdoor display on Friday. Consider visiting the [NCTR website](#) for more information about ways to support reconciliation - maybe discover a daily lunch & learn topic this week that interests you.



### Student Drop Off:

At Heritage Hills Elementary we are very fortunate to have a student drop off zone in front of the school. Many parents drop off their children between 8:15 and 8:25. As the cold weather sets in, we will have many more students being dropped off. This means more vehicles. In order to keep the traffic moving effectively, it works best when students are dropped off and the cars move along. When cars are parked in the student drop off, the backlog of vehicles starts immediately. If you walk your child to their door or need to come into the school, please use the visitor parking or park on the road in front of the school. Please do not park in the student drop off zone.

### Counsellor:

On Thursday, September 28th at 5:30 pm, a two-hour presentation from Saffron/Glen Allan Elementary is available for parents and caregivers. The presentation will explore practicing Internet safety with children and youth and ways to respond to technology-facilitated sexual violence.

The presentation will cover a variety of topics from social media to gaming and chatrooms to live streaming. It will discuss ways to promote boundary-setting and options to protect privacy online.


The presentation includes a discussion on pornography and the sexually explicit content that youths may be exposed to, focusing primarily on the effects this has on their developing brains and relationships, as well as on strategies for navigating these difficult conversations. We will also discuss sexting and review the Criminal Code.

The presentation includes content on relevant trends in technology-facilitated sexual violence – such as sextortion, grooming, luring, and child sexual abuse material.

The goal is to encourage parents and caregivers to feel equipped to both prevent and respond to these issues by identifying the warning signs, creating a dialogue with youths, and recognizing the resources available to support them.

[RSVP](#) to attend.

## School Photos:



### New Access for Online photos

Great news! There is a new way for families to access their photos online.

After much safety and security testing, Lifetouch is pleased to announce that it has developed a way for families to access their child's photo online using their Student ID Number.

It's just so easy!

- Go to [mylifetouch.ca](http://mylifetouch.ca)
- Click on "Student ID"
- Enter in your school's city, province, and school name
- Then click the blue button "Continue"
- Enter in your child's full name, student ID number and the relationship to student
- Then click on the blue button "Find Student"
- Once the image of your student comes up, you can click on the blue button "Yes this is my student"
- From here you can go onto order from one of our many photo package offerings

If you have any questions about this ordering process, please contact Lifetouch Customer Care Line on 1.866.457.8212

Parents can find their child's ID number by logging into the PowerSchool Parent portal. Try looking at an old report card or click the Student Fees icon. The child's ASN will be listed at the top.

## HHE Required Documentation for each student:

Parents are required to complete the following forms for each of their children in Heritage Hills Elementary. If you haven't already submitted your child's forms, please complete these at your earliest convenience:

- [Code of Conduct](#): \*\*only required for Grade 1-6 students
- [Student Responsible Technology Use Agreement](#)
- If you are planning on volunteering in our school this year, please complete the following form. Only one form is needed per person; you do not need to complete a form for each child on the [Volunteer Form](#)

## HHE Athletics:

HHE Athletics [schedule](#) for the 2023-24 school year including tryouts, practices and meets.

HHE is looking for coaches for the following clubs: Grade 5 volleyball (mixed); Grade 6 basketball (boys); and Grade 6 basketball (girls). Please email, Mr. Mazur at [justin.mazur@eips.ca](mailto:justin.mazur@eips.ca) if you are interested in coaching these teams this school year. Identify the team by sport and grade(s) that you are responding for.

Here is the tryout, practice and tournament [schedule](#). Coaches will need to complete the following forms prior to working with Heritage Hills Elementary students. They are available in the office upon request.

1. Confidentiality Undertaking and Declaration for Volunteers (Form 490-2)
2. Request to Waive Fees for Criminal Record and Vulnerable Sector Check (Form 490-3)
3. Volunteer form
4. [Administrative Procedure 491: Volunteer Coaches and Supervisors](#)

## Read In Week 2023 is taking place October 2-6.

Read In Week returns on October 2. This year's theme is "Read In Reimagined." Through various activities, students will spend the week learning how to reimagine reading—it's more than just story books—reading happens everywhere

and is for everyone, no matter your age. Some of the activities planned for Read In Week at HHE include:

PJ Day - wear pajamas, slippers and bring a stuffed animal to kick off the week  
Get caught reading and get entered into a draw for a free book.

Guest readers will be reading in classes throughout the week and Grades 4, 5 and 6 will enjoy a presentation featuring great reads in French and English from the Youth Services Librarian from Strathcona County Library.

Read In Week is a divisionwide initiative held annually to encourage a lifelong love of reading and to enhance literacy awareness among students, staff, families and community members. HHE invites all families to participate in Read In Week by reading yourself, with your child or with someone in the community. Don't forget to share what you've learned. Throughout the week, you can post your own stories



about Read In Week using the hashtag #eipsreads. For more information, visit the Read In website.

**We would love to have some more guest readers! If you have time to come read to your child's class, please contact your child's teacher.**

### Caregiver Education Sessions:

Alberta Health Services hosts a variety of virtual caregiver information sessions throughout the year focused on ways to support students' mental health. The sessions are free and geared toward parents, caregivers, teachers and community members who want to learn more about challenges impacting children and adolescents. Session topics include anxiety, ADHD, depression, self-harm, technology, teens and teaching leadership skills, communication, resiliency and more. Visit [Caregiver Education](#) to see the monthly caregiver sessions.

### Respiratory Illness Guidance

The health and safety of staff, students and visitors is a top priority. Continue to reinforce the following hygiene habits to protect staff and students from spreading respiratory illnesses, including COVID-19.

- Stay home if you're feeling sick.
- Wash or sanitize your hands often.
- Cover your coughs and sneezes.
- Avoid touching your face.
- Clean and disinfect high touch surfaces regularly.
- Wear a mask if you get sick or develop symptoms while at school or work.

As per Alberta Health guidelines, staff, students, contractors and visitors who have symptoms of respiratory illness or test positive for COVID, should stay home until:

- symptoms have improved,
- they feel well enough to resume normal activities, and
- they have been fever-free for 24 hours without using fever-reducing medications.

For anyone who has a respiratory illness or has tested positive for COVID, it is recommended that they wear a mask for a total of 10 days from the onset of symptoms—even if the symptoms have resolved or improved—when in indoor settings with other individuals.

### From Alexa to Algorithms: Parenting in the era of AI:

Join the University of Alberta and Amii for an engaging 45-minute online webinar designed to boost AI literacy for parents of kids of all ages, from kindergarten to graduate students. The session will focus on global citizenship, online safety, and education and career guidance.

Don't miss this fun and informative opportunity to empower your parenting in the age of AI, ensuring your kids thrive in tomorrow's tech-driven world.

**Event Details:**

**Date:** Nov. 2, 2023 **Time:** 10:30 a.m. to 11:15 p.m.

**Location:** Virtual [REGISTER NOW](#)

**School Council and FAHHE News:**

**Next Meeting:** November 15th @ 7:45pm following the school council meeting.

**FAHHE UPDATES**

We are so excited to be able to offer the Bear Tracks Ice Melter fundraiser again this year. Ordering information came home this week, and can be found [here](#).



**\$30/16kg pail**

**Deadline: Monday, October 23rd at 4:00pm**

**Delivery to the school middle of November**

Purdys chocolate fundraiser coming soon!



**Save-the-Date**

Our 2nd annual Halloween Dance will be held Friday, October 27th. Stay tuned for more information.

**Membership**

Every year membership in FAHHE must be renewed. Membership allows you to hold a position on the executive or exercise a vote during meetings. Please click [HERE](#) to complete the membership form for 2023-2024.

**Coyote Compliment a staff member**

Would you like to recognize a staff member for something they have done that you truly appreciated? Complete the google form below and we will send a card and small treat to the staff member on your behalf, thanking them for what they do.

<https://forms.gle/UUmGCxBCJZs3cCRY9>

### **Treat Day**

We will be having a Confetti Sweets Cookie Treat Day on October 19th/20th. Cookies will be \$2 each. Please watch for order forms coming home, or print your own [here](#). **Deadline, Thursday, October 5th.**

### **Hot Lunch**

We are excited to be able to offer hot lunch once again this year. We will be starting off with Panago on September 27th and 29th.

All lunches must be ordered through healthy hunger at [www.healthyhunger.ca](http://www.healthyhunger.ca), all families must create an account and register their children.

\*Returning families need to re-register their children into their new teacher for the school year\*

Any questions or concerns, please email Jaclyn at [hhehotlunch@gmail.com](mailto:hhehotlunch@gmail.com)

Did you know there is a universal hot lunch fund to assist families who can't afford the special lunch at this time. If you would like to access the fund, please email [hhehotlunch@gmail.com](mailto:hhehotlunch@gmail.com).

### **Upcoming Hot Lunch:**

#### **Panago**

Wednesday, September 27th – Kinder A (ordering closes Sept 22nd)

Friday, September 29th – Kinder B and Grade 1-6 (Ordering closes Sept 24th)

#### **KFC**

Thursday, October 12th - Kinder B (Ordering closes Oct 7th)

Friday, October 13th - Kinder A and Grade 1-6 (Ordering closes Oct 8th)

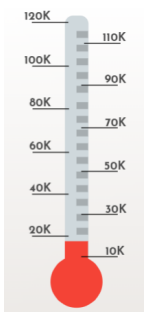
#### **COBS**

Thursday, October 26th - Kinder B (Ordering closes Oct 21st)

Friday, October 27th - Kinder A and Grade 1-6 (Ordering closes Oct 22nd)

### **Fundraising Focus**

Our fundraising focus for the 2023-2024 school year is the completion of our outdoor play space. We currently have about \$17,000 raised to go towards this project. We are hoping to reach a goal of at least \$120,000. To help reach this goal, we will be applying for a provincial matching grant in the spring so every dollar we raise until then counts!



**Next Meeting: November 15th @ 7:45pm following the school council meeting.**  
**FAHHE September 13 minutes can be found [here](#).**

School Council Meeting Minutes for September 13th can be found [here](#).

Enjoy a Great Week Everyone

**"Your life is a reflection of your thoughts. If you change your thinking, you change your life."**

**- Brian Tracy**