



# HERITAGE HILLS ELEMENTARY

## Heritage Hills Parent Weekly

October 30 - November 13, 2023

### **This Week at Heritage Hills:**

#### **Monday, October 30**

- Senior Ukulele
- Ms K in the School

#### **Tuesday, October 31**

- Chess Club at lunch recess
- Ms K in the School
- Halloween Parade - 1:10 p.m. - Families Welcome to watch in common area
- Grade 5 volleyball in the gym @ 12:02; Boys tryouts extended one week

#### **Wednesday, November 1**

- Ms K in the School
- Staff Meeting - Early Dismissal

#### **Thursday, November 2**

- Grade 6 volleyball in the gym @12:02

#### **Friday, November 3**

- Grade Three Ukulele
- Remembrance Day Service - 10:40 a.m. - Families Welcome

#### **November 6 - 10**

- Fall Break - School Closed

#### **Monday, November 13**

- First Day Back after Fall Break
- Bullying Awareness Week
- Métis Week
- Ms K in the School



- Senior Ukulele

## Principal:

Thank you to our School Council and Fundraising group for hosting the Halloween Dance on Friday. Once again it was a great turnout and so many students, parents and staff dressed up. It was another great school community event. Thank you for your support and for all the food bank donations we received. Our students really enjoyed the evening.

## Remembrance Day Ceremony:

HHE is preparing for a whole-school assembly to recognize Remembrance Day on Nov 3 at 10:40 am - this is the last day we are together prior to Fall Break. Families are welcome to attend - please plan to arrive between 10:30 and 10:40 am.

You are welcome to donate to the poppy fund. We will have a donation box outside the gym entrance.

Many of HHE families have military connections and we would like to honour them by displaying their photo on our front foyer televisions. To build our tribute display, please send a photograph of your military family member in uniform to [stacey.carruthers@eips.ca](mailto:stacey.carruthers@eips.ca)

## New Staff:

We are pleased to welcome Mme Annika Lundgren to our school staff. She will be starting on Monday, Oct 30 in Classroom 3S. Welcome Mme Lundgren to our HHE Community.

## Counsellor:

Free fun activities offered by [Strathcona County](#) in November.

The [children's mental health learning series](#), provides caregivers, families and professionals with helpful information to increase knowledge and help support children and youth with mental health concerns. Part 1 session resources focus on early brain development and environmental impacts in the early years. Part 2 session resources emphasize the adolescent brain and mental health and wellness challenges for youth.

Bullying Awareness Week is November 13th to 17th. HHE will be engaging in whole school learning and activities to raise awareness about bullying.

## Halloween

In order for us to have a spooktacular Halloween celebration at school on Tuesday, Oct 31, please follow these guidelines:

- If students choose to dress up they must come to school in costume. Staff will not be able to assist with costumes.
- Leave weapons and props at home. Save those for trick and treating.
- Avoid scary/grotesque costumes. We do not want our youngest students to be afraid.
- Avoid costumes that portray other cultures.
- If your child's costume has a mask, they may wear it during the parade, but will be asked to take it off for the rest of the school day.
- There will be a school parade at 1:10. Parents are invited to come stand on and around the stairs in the common area and watch the fun costumes as they go by.
- Students are welcome to bring a festive treat for afternoon break for themselves. If they choose to bring a treat bag for other students, students will be asked to put it in their backpack to take home.
- A reminder that we are a Nut Aware school. We ask that as candy and treats start making an appearance next week that you refrain from sending food to school that contains nuts. Thank you for your help in keeping our students safe!
- If teachers require any volunteers, they will communicate this with you directly.

## First Nations, Métis and Inuit

Nov 7 - Inuit Day

Nov 8 - Indigenous Veterans Day

Nov 13 - 17 - Métis Week

Nov 15 - Rock Your Mocs

Nov 16 - Blanket Exercise for Parents - 6:30 - 8 pm at HHE Gym - RSVP [here](#).

The Blanket Exercise is a powerful experiential learning opportunity for Indigenous and non-Indigenous peoples. It is a 1 ½ hour interactive simulation that shares the story of colonization and the lived experiences of First Nations, Métis and Inuit over 500 years of shared history. The exercise was developed by KAIROS and Indigenous Peoples as a response to the Royal Commission on Aboriginal Peoples and helps participants begin to understand the historic and contemporary relationship between Indigenous Peoples and the Crown. If you have attended a Blanket Exercise in the past or if this is your first time, it is a very impactful, thought provoking activity.



To learn more about this activity, visit: <https://www.kairosblanketexercise.org/>

## HHE Athletics

Athletics [schedule](#) for the year.

Students that tryout for a team and do not make the team are encouraged to ask their coaches for pointers on how to improve and develop skills for next school year. Although this can be difficult for students it is also an opportunity to talk with your child about resiliency and how to bounce back after disappointment.

## Inclement Weather

With the winter season almost here, we want to remind families to dress children appropriately for the weather when getting ready for school or the bus. The weather often changes unexpectedly throughout the day, so please select suitable outerwear and ensure your child is prepared for changing conditions.

If inclement weather conditions occur, Elk Island Public Schools (EIPS) advises families of any bus cancellations using various communications tools—automated-telephone messages, email, SMS, alerts posted on eips.ca and school websites, Twitter, Facebook, local radio stations, and notification through both the Bus Status and the Ride 360 apps. Morning bus cancellations are posted on eips.ca by 6:30 a.m.

Decisions regarding bus cancellations are guided by EIPS administrative procedures that state, “school bus service may be suspended...when there is a forecast or current temperature of -40 C, including wind chill factor, in one or more regions.” Other reasons for suspending or delaying school bus services include adverse weather and poor road conditions. When school bus services are suspended, schools remain open to students. EIPS believes families have the right and responsibility to make choices for their children based on their beliefs and perceptions of safety during times of inclement weather.

For more information, contact EIPS Student Transportation at 780-417-8151.

## Chess Club

Chess Club has started up again this year, and we have a very excited group of between 40-50 students that come out every Tuesday lunch recess to play. Our club includes beginners and those that have already been playing for a few years. We are fortunate to have Mr. Richard, from Linking Generations helping Ms Wert run the club this year.

The Linking Generations Volunteer Grandparent Program was created in 2019 in response to a lack of opportunities for young and old to relate in an increasingly age-segregated society. Under this program, Senior volunteers can volunteer within a school environment - grade 1-8 in different schools in

the county of Sherwood Park. Senior volunteers Grandparents share skills, knowledge & experience, all while providing a valuable community service.

For further information on this wonderful program, please visit the Linking Generations Website at [www.linkinggenerations.ca](http://www.linkinggenerations.ca) or call Debbie Sinclair, Executive Director Linking Generations, at 780-995-9533.

## School Council and FAHHE News:



Beartracks pickup will be Monday, November 13th from 3:45pm-6:00pm in the bus loop at school. If you can't pick up during this time, please email [fahhe.president@gmail.com](mailto:fahhe.president@gmail.com) to make alternate arrangements.



We are excited to offer the Purdys Chocolate fundraiser again this year. Unfortunately, they did not send us catalogues this year, but it can be viewed online [here](#).

Follow the link below to join our campaign (Campaign # 69787)  
<https://fundraising.purdys.com/join.aspx/1767324-109720>

Order deadline November 25th, pick up December 9th. Contact Dalyce at [dmzuk@hotmail.com](mailto:dmzuk@hotmail.com) for any questions.



FundScrip gift card fundraiser coming soon! We've had a lot of requests for gift cards, so we will be offering this in time for Christmas. For an idea of what stores are available you can check out the order form [here](#). Stores include: Real Canadian Superstore, Sobeys, Safeway, Esso, Shell, McDonald's, Starbucks, Tim Hortons, Mark's, Old Navy, Mastermind Toys, Dollarama, Walmart, Indigo and Canadian Tire to name a few.

## Halloween Dance

Thanks to all who came out for another amazing Halloween Dance. We are already looking forward to next year!

### Hot Lunch

All lunches must be ordered through healthy hunger at [www.healthyhunger.ca](http://www.healthyhunger.ca), all families must create an account and register their children.

Any questions or concerns, please email Jaclyn at [hhehotlunch@gmail.com](mailto:hhehotlunch@gmail.com)

Did you know there is a universal hot lunch fund to assist families who can't afford the special lunch at this time. If you would like to access the fund, please email [hhehotlunch@gmail.com](mailto:hhehotlunch@gmail.com).

### Upcoming Hot Lunch:

#### SUBWAY

Thursday, November 16th – Kinder B (Order deadline Nov 11)

Friday, November 17th – Kinder A and Grade 1-6 (Order deadline Nov 12)

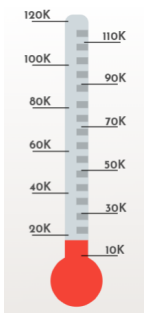
\*\* Please note: if your child is absent and you would like to pick up their order you

**MUST** email [hhehotlunch@gmail.com](mailto:hhehotlunch@gmail.com) **BEFORE** 10:00am and it will be available

**AFTER** 1:00pm at the office. Please do not come earlier as it disrupts the distribution to the classes.

### Fundraising Focus

Our fundraising focus for the 2023-2024 school year is the completion of our outdoor play space. We currently have about \$17,500 raised to go towards this project. We are hoping to reach a goal of at least \$120,000. To help reach this goal we will be applying for a provincial matching grant in the spring so every dollar we raise until then counts!



### Ongoing Fundraisers



Order online through Mabel's Labels and choose support a fundraiser, then a portion of your purchase will go back to FAHHE.



Stop by COBS on Wye Road and tell them you're from Heritage Hills Elementary and a portion of your purchase will go back to FAHHE.



Shop at Save-on-Foods on Wye Road, submit your receipts to the office and we will receive 5% back.



All orders will be shipped directly to your home for free on orders over \$50. Simply click on our link to shop and 20% of each sale goes back to FAHHE.

[tru-earth.sjv.io/FAHHE](http://tru-earth.sjv.io/FAHHE)

Next Meeting: November 15th @ 7:45pm following the school council meeting.  
FAHHE September 13 minutes can be found [here](#).  
School Council September 13 minutes can be found [here](#).

Enjoy a Great Week Everyone!

**READ MORE BOOOOOOOOOOOOOKS!!!**

